



## COVID-19: SPECTATOR CODE OF CONDUCT

**Please ensure that you read and observe this Code of Conduct to ensure a safe and enjoyable event for everyone.**

- **Do not travel to or attend the event if you are showing signs or any possible symptoms of COVID-19 as detailed by the NHS.** You can self-assess online at [111.nhs.uk/covid-19](https://111.nhs.uk/covid-19).
- Make sure that you are aware of and understand the pre-ride briefing and/or final arrangements information for the event, as the on-the-day event environment is likely to be different to what you may be used to.
- Consider whether it is necessary for you to attend the event.
- Be as self-sufficient as possible - bring your own hand sanitiser and refreshments for the day if you can. Please dispose of any rubbish responsibly and take litter home where possible.
- Observe social distancing wherever possible throughout the event and be familiar with the latest advice and guidance, including mitigation actions.
- Be aware of your personal hygiene - if you need to cough or sneeze please do so into a tissue or the crook of your elbow and, in particular, please don't spit or clear nasal passages into the open during the event. Use a tissue and dispose of used tissues in a bin at the earliest opportunity.
- Avoid physical contact with anyone outside your household and/or support bubble, including participants, event staff, and other spectators.
- Pay attention to any public messages or announcements on the day, and observe any on-site instructions and directions (including loudspeaker announcements) at all times.
- Be mindful of your surroundings and be respectful and considerate at all times towards event officials, participants, other spectators, and the general public.
- Enjoy the event but minimise the amount of time spent at the start & finish areas, within reason.
- Follow NHS Test & Trace procedures if you experience symptoms of COVID during or soon after the event. Go to [www.nhs.uk](https://www.nhs.uk) or call 119 for further information on what to do.